volunteer with buddhafield cafe it takes all shapes and sizes

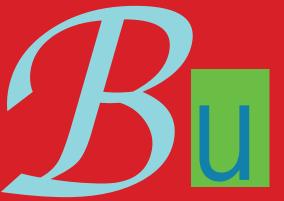




part of something bigger







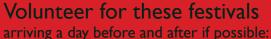




Buddhafield is a creative meeting point between the urgent environmental concerns of today & the timeless relevance of Buddhist teachings. The Buddhafield collective runs a Right Livelihood cafe, camping retreats, an annual festival & owns land for holding the retreats, creating sacred spaces and developing permaculture ideals.

The Buddhafield cafe runs on a potent mix of commitment, generosity, hardwork, passion, practical Dharma (& recycled Biodiesel) whilst bringing a sense of openness, possibility & community to a diverse range of people. It exists on an edge between traditional Buddhist values, and the hedonistic festival culture; treading a path along which can become a rewarding spiritual practice.

The cafe aims to tread lightly on the earth by reducing and recycling as much of its waste as possible, and producing food that is locally sourced, organic, fairly traded & vegan. Volunteering in the cafe provides real and meaningful opportunites to make all of your life your practice. The team also say that working in the cafe is about 'friendship, family, play, cooking good food and experiencing magic'.





Sunrise 28 – 31 May **Buddhafield** 15 – 19 July

Big Green 29 – 3 August

Waveform 11 - 13 September



to be confirmed:

Greenman 21 - 23 August Out of the Ordinary 18 - 20 September



Contact Trevor 07962984704 www.buddhafield.com