



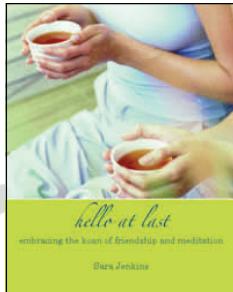
DEVELOPING BUDDHISM

Buddhism & Relationships

Hello at Last

By Sara Jenkins

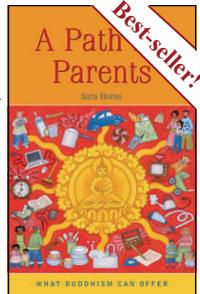
An experienced Zen student under Cheri Huber, the author uses simple practices and exercises to show how to bridge the gap between meditation and social interaction.



A Path for Parents

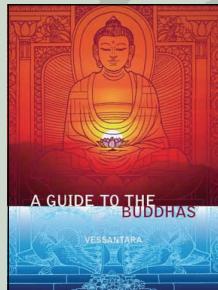
By Sara Burns

An honest and accessible account of how parents can grow spiritually while raising children.



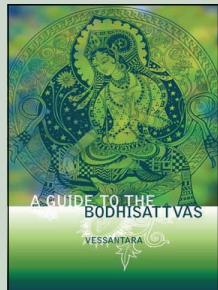
A Guide to the Buddhas

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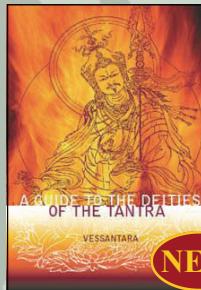
A Guide to the Bodhisattvas

By Vessantara



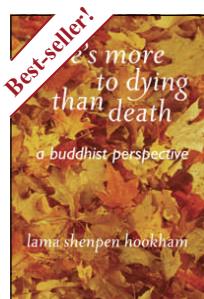
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Buddhism & Death

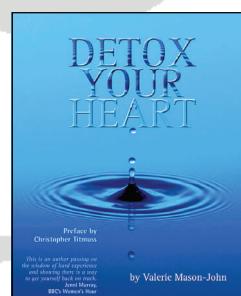


There's More to Dying than Death

By Lama Shenpen Hookham

Drawing on Tibetan Buddhism, this book presents meditation as a way to come to terms with death and explains topics such as impermanence and rebirth.

Buddhism & Anger



Detox Your Heart

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